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Reading School District Elementary School Lunch Menu January 2025



Meal Prices
Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

** Menu Subject to Change **

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|---|
| | | | 1-Jan | 2-Jan | 3-Jan |
|  Alternate Entree of the week 1/3 - Turkey & Cheese Sandwich 1/6-1/10- Taco Salad w/Scoops 1/13-1/17- Wow Butter Sandwich 1/20-1/24-Yogurt Parfait 1/27-1/31- Turkey Ham & Cheese Sub ** Wow Butter & Yogurt Meal Available Daily** ** Alternate Entree option will be served with fruit and vegetable of the day.**** | | |  | No School | Meatball Sandwich Green Beans Fresh Veggie Sticks Applesauce Fresh Fruit |
| | 6-Jan | 7-Jan | 8-Jan | 9-Jan | 10-Jan |
| | Sloppy Joe's Emoji Potatoes Cole Slaw Peaches Fresh Fruit | Chicken Fajita Burrito w/Salsa & Guacamole Carrots Refried Beans Pears/ Fresh Fruit WG Churro | Pepperoni Pizza Roasted Broccoli Side Salad Pineapple Chunks Fresh Fruit | Popcorn Chicken Bowl w/ Cornbread Muffin Mashed Potatoes Corn Warm Cinnamon Apples Fresh Fruit | Dumplings over Fried Rice w/ Egg Roll Sugar Snap Peas Mandarin Oranges Fresh Fruit |
|  Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability | 13-Jan | 14-Jan | 15-Jan | 16-Jan | 17-Jan |
| | Hamburger on Bun Smile Fries Baked Beans Peaches Fresh Fruit WG Cookie | Lunch Box Meal: Yogurt Cup & Granola, String Cheese, Soft Pretzel, & Graham Crackers Hummus Carrot & Celery Sticks Apple Slices/ Fresh Fruit | Maxi Cheese Sticks w/Sauce Carrots Side salad Tropical Fruit Fresh Fruit | Chicken Tenders w/ Mac & Cheese Steamed Broccoli Florets Fresh Veggie Sticks Mixed Fruit Fresh Fruit | Early Dismissal: Turkey & Cheese Sandwich Carrot Sticks Apples Graham Crackers |
| | 20-Jan | 21-Jan | 22-Jan | 23-Jan | 24-Jan |
|  Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies) | No School | Brunch for Lunch: French Toast Sticks w/ Sausage Links Hash Brown Stars Carrot & Celery Sticks Craisins Fresh Fruit | Pepperoni Pizza Roasted Broccoli Side Salad Pineapple Chunks Fresh Fruit | Walking Taco Lettuce & Tomato Salsa Cup Ranchero Pinto Beans Mandarin Oranges/ Fresh Fruit WG Churro | Chicken Patty Sandwich Honey Glazed Carrots Ranch Potato Wedges Peaches Fresh Fruit |
| | 27-Jan | 28-Jan | 29-Jan | 30-Jan | 31-Jan |
| | Mini Corn Dog Nuggets Fiesta Beans Corn Applesauce Fresh Fruit | Chicken & Waffles Carrot Coins Fresh Veggie Sticks Mixed Fruit Fresh Fruit | Cheeseburger Mac & Cheese w/Roll Broccoli Fresh Veggie Sticks Diced Pears Fresh Fruit | Chicken & Cheese Pizza Quesadilla Green Beans Fresh Veggie Sticks Peaches Fresh Fruit | Cheese Ravioli w/ Breadstick Roasted Zucchini Salad Greens w/Dressing Pineapple Chunks Fresh Fruit |



The Knight LUNCH Meal Deal

* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

Choose ONE Entree:
Daily Entree Special
Alternate Entree

Choose up to TWO Sides of Fruit:
Fresh Fruit
Fruit Cup
Fruit Juice (only 1 serving)

Choose up to TWO Veggies:
Daily Vegetable
Assorted Fresh Veggies

